

JUNE 2024

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JUNE 2024

RUNNYMEDE

RUNNYMEDE BOROUGH EDITION
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Life

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Runnymede Life is delivered FREE to homes across all towns and villages in Runnymede Borough. It is also available to pick up Addlestone Community Centre, Bourne Valley Long Acres, Chertsey Museum, Squires in Chertsey, Weybridge Garden Centre, Lyne Farm Shop. Tesco in Egham and Addlestone, Sam Beare Book Shop (Egham), At the Lit

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Hooray Summer! We welcome you with open arms.

June is a busy month in Runnymede with lots of activities and festivals for you to take advantage of. Don't miss out on these community events. I think they really do

bring people together.

If you haven't yet been to D'Oyly Carte Island in Weybridge it is a lovely experience. Andy and Sheila Hill have taken a very run down house and brought it alive again with a cafe and music concerts happening as part of the Weybridge Festival. It's worth a visit along with a walk around the River Thames.

If you have a community story or photos you would like to share please do not hesitate to get in touch.

mary.hammond@community-life.co.uk

Yours faithfully

Mary Hammond
Editor

THIS MONTH'S EXCLUSIVE READER OFFERS

G&T Hair

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Runnymede Celebrates Magna Carta Day

Magna Carta Day commemorates Egham's connection with 15 June 1215, when King John was forced by his rebellious barons, bishops and city merchants to concede that England did not have a tradition of absolute monarchy. The king could not do anything he likes.

On 15 June 2024 Egham will have a street fair in the High Street. As well as stalls from community organisations and craft people, there will be entertainers on a stage by the Fountain. The Organisers have invited King John himself, The Egham Band, the Rock Choir, dancers, a bubble master and (weather permitting) a fire performer. King John has sadly declined to be pelted with rotten turnips. (Bananas and tomatoes were not known in England in 1215).

The Event will be opened at 11 am by her Worshipful the Mayor of Runnymede, Cllr Elaine Gill and The Hon. Ben Spencer MP. Egham Model Railway Club will have an open day.

All are invited to celebrate Magna Carta, the great charter where people were not promised that cloth would be measured in ells, or beer sold in pints, but were promised that all barrels would be the same size.



Former Mayor of Runnymede, Cllr Shannon Saise-Marshall stands in front of the Statue of King John on Egham High St. Photographer: Alan Bostock



Magna Carta Day Parade. Egham Band

Magna Carta Day
Sat. 15 June - 11am to 4pm
Egham High Street

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 Model Railway Society
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Father's Day, 16 June

Celebrating our Dads



Father's Day is that one special day every year to celebrate the fathers in our lives. It can show to the dads how important they are to us and create some great memories. Those little things he's done to help us and be there through the good times and the bad times. Going out of his way when we needed him most. The amount of times that those words 'Everything is going to be ok' were said and it turned out he was right. There is no set guide on being a father but most of all, the nuts, and bolts of it is doing what is best. Does he like sports, cars, woodworking or just spending quality time together. Here are some ideas to spend time with Dad on Father's Day.

Build Together: Setting a project out and building together can be a very bonding experience. Making a plan and setting out a goal together whether it be building a bird box, a raised bed for the garden or even repairing something around the house can be very rewarding. Get an idea of what Dad would like to do and create something together.



Have a day out at Brooklands Museum : Is dad into cars, aviation, or mechanics in general? Explore the history of the aircraft from the pioneering early days of wood and fabric, to the supersonic airliner and the technologies of the future. From the first motor bikes to race around the track at 100 mph to the Concorde and then the F1 simulator. There is so much to see and do at Brooklands. www.brooklandsmuseum.com



Does Dad Like a nice glass of wine? : Book a tour at one of the Surrey Hills Vineyards. English wine is appreciated around the world and Dad will certainly enjoy visiting the vineyards and learning more about the wines they produce. He may grow to appreciate these locally produced wines that are popular across the world.



Enjoy his favourite hobby or pastime : Does he love fishing or bird watching or he more hands on doing carpentry? If Dad loves to garden, spend some time outside learning more about what it takes to have a healthy garden. When is the last time you went bird watching together? Your nearest park and a set of binoculars is all it takes to spend some quality time together. If he enjoys woodworking or crafts, make him a present. It doesn't have to be complicated and he will love it because it's from you.



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BURSTING WITH NATURE
BY ANDI ROY

www.HolmeFarm.org.uk

Last month's heavy rain meant the return of flooding, the seventh since October, in the field and there was a decidedly watery theme to the species seen! Spring had been a bit of a slow burner across the country and we've experienced that at Holme Farm too, but a wander around the field will still be rewarded with plenty of wildlife. This beautiful Fox was keenly watching something on the Bourne this evening before making their rounds of the opposite field.

Plant-wise, the hard work of our volunteers in reducing the dominance of nettles along the riverbank has paid off with the flowering of Wild Garlic and several Ragged Robins, a fairly uncommon species in Surrey, while a variety of other species are growing vigorously and will soon be in bloom. Our other local rarity, Crosswort, has made a welcome return near the orchard and we plan to harvest the seeds later in the year to spread more widely across the field.



Tortoiseshell Butterfly

FIND OUT MORE:

 Contact@HolmeFarm.org.uk

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 www.HolmeFarm.org.uk

Get involved at:

 www.holmefarm.org.uk/get-involved

 [Holmefarmcommunity](https://www.instagram.com/Holmefarmcommunity)

On the invertebrate front, the beautifully intricate Amber Snail can be seen in good numbers on vegetation around the damp hollows, and we had our first Banded Demoiselle of the year, freshly emerged, this morning. A Small Tortoiseshell was a pleasant surprise while the sun briefly shone early on.

From the world of herpetology, a single juvenile Frog was seen making the most of our rain-filled ditch. A Grass Snake turned up among the flower garden and was unceremoniously escorted to a safer spot away from boots, tools and wandering cats. And our Slow Worms continue to have a fantastic year, with peak counts nearing 30 individuals under refugia including last year's young.

We have both Blue Tits and Great Tits using our nest boxes, and away from the buzz of the buildings, Little Owls and Kestrels are making their homes in boxes crafted by our fabulous bird man Gary. Unfortunately, the Barn Owl box has been claimed by Jackdaws this year so we are unlikely to have as much dusk activity as last summer, but I'm keeping a watchful eye out in the hope that they may be nesting nearby and will still hunt at the farm. We now also have ducklings in the river and Robins in the flower pots, life is bursting out all over the site the bee orchids are re-establishing themselves and hopefully will be flowering during June.

You are always welcome to drop in and walk across the site and enjoy the wildlife, but on the first and 3 Sundays of the Month there is a guided conservation group working on site, June hosts Great Big Green Week 8th – 16th June and as part of that we will be hosting a Big Balsam Bash on Sunday 16th June from 10 – 2 everyone welcome. Himalayan Balsam is a very invasive species but thankfully very easy to pull up – it just needs lots of hands to make an impact on it. (Please bring gloves – it often grows near stinging nettles.



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Cabi Stylists support community groups through "Love Local"

By Traci Bunch

Cabi is a clothing label with community and compassion at its core. Surrey Cabi stylists, Traci Bunch and Joy Steel, recently organized 1 of 60 global Love Local giving events through the Heart of Cabi Foundation in collaboration with the Runnymede Food Bank, Voluntary Support of North Surrey, and Bell Farm Christian Centre.

On May 7th, stylists and volunteers set up a temporary studio above Revive Coffee Shop, Chertsey, with new items of Cabi clothing to style and gift outfits to nearly 40 refugees, asylum seekers, and local women who support them. Stylists expressed being humbled and inspired by those they served and were grateful for the opportunity to spread love in their community.

Cabi offers education, restoration, and vocation to women and communities through its mission to



do well as a company in order to do good in the world: www.cabionline.uk/foundation/

To locate a stylist near you, select "find my stylist" at the top of the website or email:

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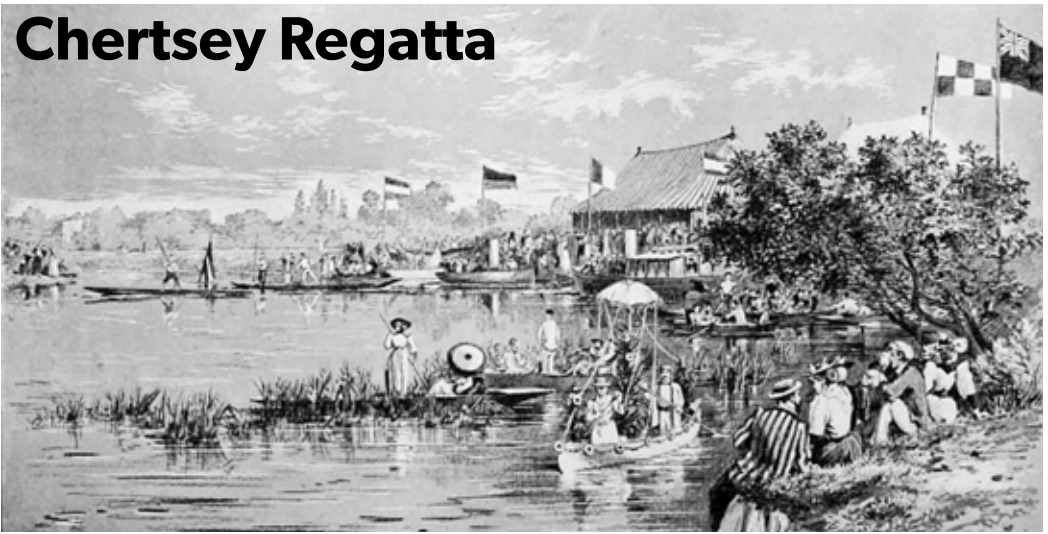
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Chertsey Regatta



By Nick Pollard

This charming print shows the Chertsey Regatta taking place in 1893. Crowds are gathered along the bank of the Thames at Chertsey Meads, where the regatta was taking place. There are also numerous boats carrying spectators along the edge of the course, including a couple of large steam launches. In the background it looks as if a punting match is about to start. A large marquee and numerous flags mark out the position of the 'lawn' enclosure, where regatta subscribers could watch the action.

1851 is the date usually given for the origin of the regatta, but a report in the *Evening Standard* on 24th August 1874 certainly implies that this was the first occasion on which it took place: 'Like a thunderclap came the announcement to the rowing world that a regatta was to come off at Chertsey. "Where will they row?" was the first question of those who knew the Thames'. It is true that unlike some riverside towns, Chertsey is not blessed with a natural regatta course, and indeed these early events took place upstream of the weir at Chertsey to the bend just below Laleham, a distance of $\frac{3}{4}$ mile. The report made much of the distance of the town, and particularly the railway station, from the riverside, and that the lawn was about a mile from the bridge, on the Surrey bank. There were both rowing and punting races, for professional watermen and local amateurs.

In later years the course moved to downstream of the bridge, with the lawn enclosure on Chertsey

Meads, as shown in the print above. A regatta poster of 1898 reveals that rowing and punting races were still taking place, but also novelty events such as Dongola racing, where crews stand or kneel in a punt and use paddles, as well as a tug-of-war between teams in punts. There were some serious cash prizes on offer, up to £10 10 shillings for the amateur junior fours, which would translate to over £1000 today, although the entry fee was a pretty steep £1 1s (£100), which would have deterred many ordinary people.

The regatta was abandoned during the First World War (1914-18), but resumed afterwards with all the usual events, plus the addition of a funfair on the Middlesex bank, as well as dancing and fireworks in the evening. After another break for the Second World War (1939-45), racing did not resume until 1950 when the course was changed to the Middlesex side. Further moves, back to Laleham and then returning to Chertsey Meads, followed in the 1960s, but in more recent years the regatta has returned to Dumsey Meadow on the Shepperton side, and the name has correspondingly been changed to the Chertsey and Shepperton Regatta. It takes place this year on Saturday 27th July.

A display about the history of the Shepperton Regattas will be a feature of the Sunbury and Shepperton Local History Society's stand at Shepperton Village Fair on Saturday 8th June at Manor Park. There will also be a fun raft race on the Thames as part of the fair. Admission is free.

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What's on this Summer in Surrey

Claremont Landscape Garden

Sculpture Trail at Claremont Landscape Garden: Sat 8 June – Sun 14 July

Surrey Sculpture Society will be bringing a new outdoor exhibition to Claremont Landscape Garden this summer. With striking vistas and playful architectural features, a walk around the garden has always been a pleasure. The sculpture exhibition will provide a brand-new dimension with over 90 exhibits from some of Surrey's finest artists to explore and purchase.

The Tradescants Guided Walk: Thurs 20 June, 11am – 1pm

Discover more about how plant hunters influenced the garden we see today. After your walk, enjoy a hot or cold drink in The Gardener's Bothy Café. £6. Booking essential. Normal admission applies.

Around the Belvedere Mount Tree Walk: Thurs 22 August 11am – 1pm

A rare opportunity to walk around the Belvedere Mount to appreciate this building from a distinct perspective, enjoy the views and get a closer look at the fascinating trees in this area. After your walk, enjoy a hot or cold drink in The Gardener's Bothy Café. £6. Booking essential. Normal admission applies.

Claremont Live!: Sun 14 July, Sat 20 July and Sun 21 July

Join us on the lawn by the lake this summer for three nights of live evening entertainment. On Sunday 14 July the ever popular The Lord Chamberlain's Men will be performing Shakespeare's Hamlet. The following weekend will see musical entertainment from local favourites, Ember Big Band on Saturday 20 July, then on Sunday 21 July, Wild Arts Opera will be performing popular stage favourites from Rossini and Handel to Bernstein and Gershwin. Book your tickets now.

Summer of Play at Claremont Landscape Garden: Sat 20 July – Sun 1 Sept

Come to the pleasure ground this summer where the young Queen Victoria played. Run around its winding paths and secret spaces, find the nine-pin alley for a game of bowls, float on a boat on the lake and enjoy games in the garden including croquet, badminton, and beanbag toss. Plus, archery on selected day. Free. Normal admission applies.

Runnymede and Ankerwycke

Meadow Wonders at Runnymede: Sat 4 May – Sun 2 June

Throughout the month of May, we are celebrating the floodplain meadow that forms the heart of Runnymede. Not just as the place here the



National Trust

Magna Carta was sealed but as a haven for wildlife and nature and a centuries-old gathering place for the local community. Throughout spring and early summer our meadow will be buzzing with life as insects' flit between the wildflowers and swaying grass. It's a wonderful time to come and experience this beautiful landscape. See below free activities taking place throughout May:

- Seed bomb making every Saturday 11am – 1pm
- Spotter sheets available for free from tearooms 4 May – 3 June
- Habitat Monitor guided walks: 10, 17, 22 May.
- Throughout May Half term – Meadow games and activities, seed bomb making, spotter sheets.
- Late May Bank Holiday Monday 10am – 3pm
- Join us for all the above plus meadow crafts and a chance to meet the Rangers.

Magna Carta Weekend at Runnymede: Sat 15 - Sun 16 June

Join us to celebrate the anniversary of Magna Carta with a two-day family event at the site where this historic charter was sealed over 800 years ago. Within our Medieval Encampment, you'll find family games, crafts, and activities exploring the very special history and significance of this floodplain meadow. Have a go at digging up some archaeology finds, take a guided tour with our Habitat Monitors, then rest and refuel at the Magna Carta Tearoom. Free.

Winkworth Arboretum

Become a Nature Detective half-term trail: Sat 15 May – Sun 2 June

Join us this half term in search of mini beasts around the arboretum. Discover what insects can you find hiding amongst the deadwood, what's buzzing around the plants and flowers and spot dragonflies by the lake and ponds. Free with normal admission.

Summer of Play at Winkworth Arboretum: Sat 20 July – Sun 1 September

Throughout the summer holidays the 'Pavilion of Play' will be open with lots of free fun-filled activities for the whole family.

Wild Craft Wednesdays are also back for the summer holidays. Visit each week and join in with a different have-a-go activities from seed-bomb making to archery. No booking required. £2 with normal admission.

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Buzzing through Midlife

By Michelle Ford

It was World Bee Day on 20th May - and, to be honest, I think they well deserve a day all to themselves. I've been looking at the incredible benefits of bee products for women in midlife and they really are flying pharmacies!

About a year ago a friend introduced me to propolis ointment. It is said to have anti-inflammatory, antioxidant, anticancer, antibacterial, and wound-healing qualities, all due to chemical compounds called flavonoids. I found it truly remarkable in helping small cuts heal and as a lip salve - and even using on larger areas after my husband's knee surgery.

So it got me thinking about all kinds of bee products that have incredible benefits for us. From honey to propolis and royal jelly to bee pollen, bees can provide incredible support in midlife for cognitive function, anxiety, inflammation, insomnia, skincare, hay fever and so much more. Who hasn't turned to a soothing honey and lemon hot drink when fighting a cold - make that a manuka variety and you're really 'cooking with gas'!

A nutritional powerhouse, bee pollen is the only food known to contain every vitamin, mineral and amino acid. A recent study showed 65% of women taking a pollen supplement experienced fewer hot flashes.

But watch out for 'honey laundering'. Honey is one of the most 'faked' foods in the world, with mislabelling of the country of origin and/or adulteration with sugar syrup. If it's really cheap there's probably a reason. Buying from local hives and in as raw a state as possible is usually the best way to ensure purity. A spoonful of local honey daily is said to help reduce hay fever symptoms.

Beekeeping has gained popularity in recent years with celebrities such as David Beckham, Ed Sheeran and Jeremy Clarkson joining the hive. The tradition of beekeeping has long been a part of Royal Family life. King Charles III sells honey from his hives at Buckingham Palace and Highgrove.

The Princess of Wales keeps bees at Anmer Hall whilst Queen Camilla, President of international charity Bees for Development, is a keen apiarist and donates all proceeds from her honey crop in Wiltshire.



Keeping bees has been proven to have countless benefits to one's well-being and mental health. In fact, keeping bees has been found to reduce stress, ease anxiety and even help treat PTSD in army veterans!



The Princess of Wales Photo by : Matt Porteous

As vital pollinators, bees are so important for our planet that we need to encourage their populations.

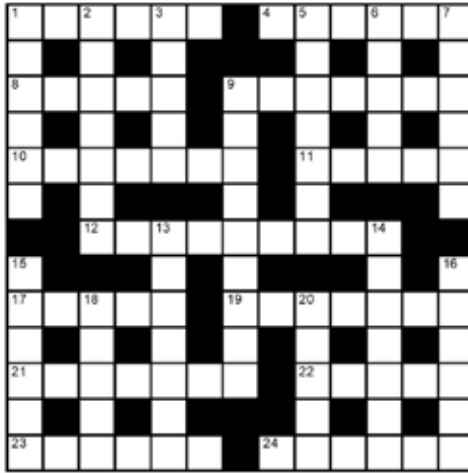
Simply planting bee-friendly flowers like sunflowers, lavender or borage can help to feed the bees and protect them - and if it's hot leave out shallow receptacles with water broken up with stones as little landing zones.

If you want to hear more about bees and their benefits check out my Two Women Chatting podcast episode with founder and CEO of Unbelievable, Sarah Orecchia - available on all podcast platforms or via

www.twowomenchatting.com

Right I'm off to light some beeswax candles, slap on a royal jelly face mask and relax into a Manuka bubblebath!

Crossword



Clues

Across

- 1 Small round stone (6)
- 4 Pristine (6)
- 8 Large black bird (5)
- 9 Zeal (7)
- 10 Type of large military ship (7)
- 11 Rectify, revise (5)
- 12 Scarlet food dye (7)
- 17 Yellow/brown (5)
- 19 Gleaned (7)
- 21 Sparkle, shine (7)
- 22 Barbecue (5)
- 23 Cantankerous (6)
- 24 Burns supper dish (6)

Down

- | | | |
|---------------------------------|------------------------------|--------------------------|
| 1 Robbery at sea (6) | 6 Tally, total (5) | 15 Purchased (6) |
| 2 Temporary, makeshift camp (7) | 7 Make fun of, insult (6) | 16 Grown ups (6) |
| 3 Estate, territory (5) | 9 Outlawed, prohibited (9) | 18 Lift (5) |
| 5 Recite, recount (7) | 13 The fastest big cat (7) | 20 Belief, principle (5) |
| | 14 Deficient, incomplete (7) | |



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The Magic of D'Oyly Carte Island

Situated on an island on the River Thames in Weybridge, metres from the southern point of Desborough Island and at the other end Shepperton Lock, lies Eyot House. The island itself was originally known as Folly Eyot but was renamed after the purchase by impresario Richard D'Oyly Carte in 1890 who built the 13-bedroom house named Eyot House.

Carte originally bought the island and built the house as a special secluded annex accessible by boat for party goers to and from his new Savoy Hotel, but local magistrates refused to grant him an alcoholic license and dimmed the lights on his plans. Carte then decided to use it as his main residence.

Carte commissioned craftsmen to introduce fairy-tale elements to the facade of the house including gargoyle and crocodile carvings in the eaves. The island's gardens are said to have been designed by a landscape architect tasked with recreating a feeling of the Japanese-themed Mikado. Trees used in the design were planted by experts from Kew Gardens more than 100 years ago.

Carte was the producer of the Gilbert and Sullivan comic operas from 1875 to 1896 and founder of the Savoy Theatre and Royal English Operate House. Eyot House has hosted many characters during this time including J.M. Barrie who is thought to have included the crocodile in Peter Pan after seeing Carte's pet crocodile on the Island. Carte died in 1901 of heart disease and soon after the island and house was sold in the early 1920s to Sir George May. Through the decades the house fell into disrepair with foreign owners including Chinese businessman, Chuniel Mi.

The Island entered a new era in 2021 when Andy and Sheila Hill purchased Eyot House. Jess Contos had the pleasure of catching up with Andy and Sheila to find out more about their journey so far.

How did you find Eyot House and what made you want to purchase it?

'Sheila and I lived in Richmond, we were looking to downsize as our children had grown up, married and moved away. One day we were kayaking along the Thames and as we approached the Desborough Cut, we paddled past a magnificent



The bridge in Weybridge leading to Eyot House

but forlorn looking arts and crafts house....Sheila was fascinated and very moved when she said 'oh how sad - what a beautiful house' I paddled faster as I knew my wife well enough to know that I was in trouble' laughs Andy. 'Sure enough.... Sheila was not going to let it go and insisted we find out who the owner was and why it was so neglected' explains Andy. Sheila discovered that it was owned by a Chinese business man and had just been sold to a Russian Oligarch..... despondent and disappointed they kept in touch with the agent for a year....and then covid struck, the Russian withdrew his offer and they were given first refusal.....the purchase of D'Oyly Carte was no longer a dream for the Hill's.

Did you see inside the property? How bad was the interior?

We arranged to meet the agent in fairly difficult times - sadly when we arrived to view the house - the gates were locked - the key the agent had didn't work and we had a wasted journey..... however it was clear that vandals had accessed the house and it was heart-breaking to see that it was not in a good state at all. - accessing the island by kayak Andy managed to get into the property a few weeks later and was dismayed by what he saw inside.



The foyer with the original piano used by Gilbert & Sullivan and a poster of their opera, The Mikado

With covid restricting business as usual - how did you get manage to access the house before making your offer?

Undeterred, Andy and Sheila didn't give up.....a year later - Andy revisited the island (again by kayak) as he had discovered a squatter had moved in. Politely knocking on the door, Andy met the new 'tenant' and explained that he was trying to buy the house and could he come in and have a look around? Happily he was greeted by the young man, who welcomed him in, explained the history of the house and showed him around. 'I, of course knew the history but I kept quiet and let him speak - I was pleasantly surprised to find that this new 'caretaker' (who had fallen on bad times) had been renovating and caring for the property as best he could...it was clear that this was someone who was trying to look after the property.

Discovering a squatter happily enjoying the island must've been a worry – how was that resolved?

'I explained that I felt there was a deal to be made and that instead of going through the usual eviction channels, I would suggest that the agent would pay the young man to leave – a deal I had nothing to do with - which he did and furthermore, our resident 'guest' stayed on to work in the garden and help out for a while and we are still in touch'. says Andy.

What was the first thing you did when you took possession of the island and house?

Once the house became theirs, Sheila and Andy set about restoring the property to its former glory.

Sheila is a creative genius and was able to project manage the renovation, whilst their daughter and son in law (both architects) were able to oversee the administrative processes involved in this kind of heritage renovation and also designed the fabulous outdoor area to create a stunning café 'Doily's' in the grounds. 'I grew up in Richmond and so I instructed my daughter to base her design on Petersham Nurseries - which she has done very effectively' smiles Andy.



The fireplace in the hallway. The walls are the natural plaster effect left over from stripping the wallpaper.

What was your dream and vision for the Island?

Andy explains that his aim was to bring the island back to life but never forgetting its roots - he wanted it to be alive with music and visitors - a community gem to be shared and reclaimed for everyone to enjoy. Sheila, a Royal College of Art graduate, has invested her time and energy into redecorating the house, painstakingly commissioning the renovation of every corner of the property.

The interior is an absolute thing of beauty and its gentle nod to the past and its recreation of a bygone era is magical. Details such as the double bent glass dome that had been long lost to the elements have been restored, every spindle in the banisters replaced and Sheila has captured the essence of the house by stripping the walls back to reveal layers of coloured plaster that visually couldn't be recreated by any paint effect specialist whilst preserving the past in each visible layer - an extraordinary and brave effect that makes



Sheila and Andy in the garden where Richard D'Oyly Carte kept his pet alligator

you gasp – it is utterly breath-taking.

Moving forward apart from the gift you've given back to the community what does D'Oyly Carte Island have in store?

Apart from now housing the largest collection of Gilbert & Sullivan memorabilia (stored but displayed on a yearly basis), Andy and Sheila also put on summer concerts and have discovered that not only was Richard D'Oyly an entrepreneur but his wife Helen was also an extraordinary woman who they are honouring with a national trust plaque on 12th June followed by a dinner with the Mayor, trustees of the D'Oyly Carte Opera company and 40 dignitaries in attendance.



Andy seated at D'Oyly's, the outdoor cafe on the North end of the Island

This constant celebration of life

is not only a tribute to the original owners of the Island but also a wonderful illustration of how these two childhood sweethearts have dedicated their time, passion and love of an old ruined arts and crafts house into a reality. Eyot House is once again the exciting, glamorous unique property it was.....and the journey is just beginning.

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The upkeep can take up much of your time and energy, and if you live alone, it can pull you away from the more social activities you enjoy.

Nobody knows what the future holds, but most would argue in favour of independence at all costs. But what is independence? Is it being burdened by the stresses of maintaining an overlarge house and its needs, which get put before your own? Or is it having the presence of mind to think through what might be coming down the line, and what you could do to put yourself in a better place to maintain that independence?

It's never too early...

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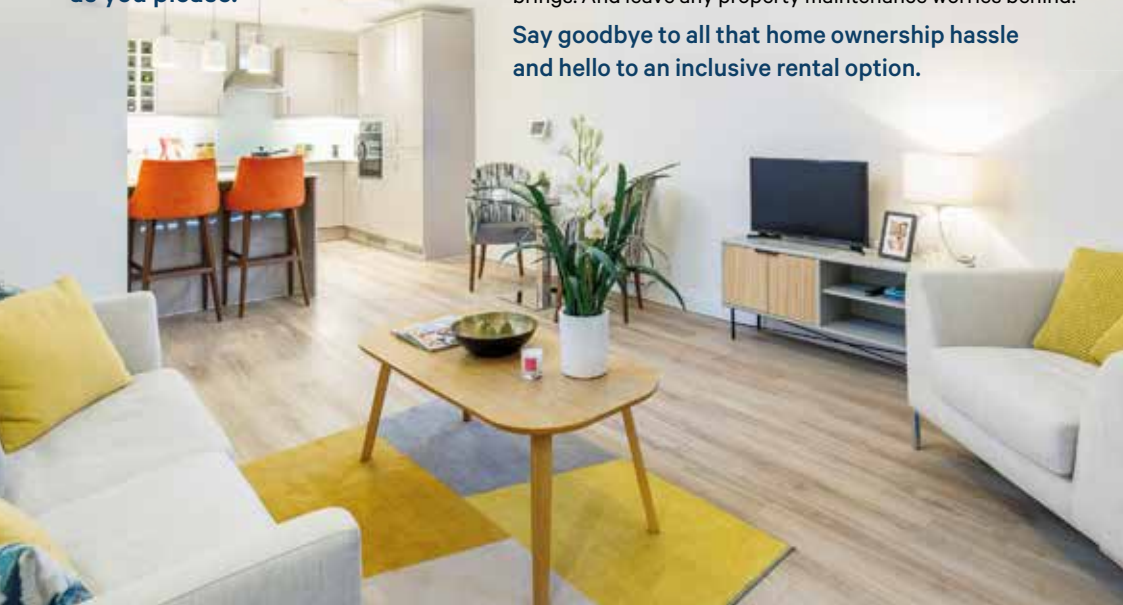


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Steering clear of your pollen-shaped foe

By Alison Cullen

Nutritional Practitioner

We all look forward to the warmer spring and summer months, but if you're one of the millions of people in the UK affected by hayfever – as many 20% of us are – you'll know that the hayfever season is lurking just around the corner, if not already in full swing. There's even talk of an unfriendly-sounding 'pollen bomb' heading our way.

So, why is pollen so irksome? An allergic reaction such as hayfever can be explained as an excessive reaction to a normally harmless substance, in this instance, pollen. The immune system identifies pollen as dangerous, and produces an antibody called IgE, which triggers the production of histamine. Histamine is an inflammatory chemical that causes an array of unpleasant symptoms, including running nose and eyes, itching and burning in localised areas such as in the throat, nose and eyes, puffiness, swelling and mucus formation. Altogether, not much fun.

Tree pollen occurs first, typically from late March until mid-May, and affects around 25% of the population. Up to 95% of hayfever sufferers are affected by grass pollen, by far the biggest trigger, and this tends to be an issue from around mid-May, lasting until the end of July. Weed pollen can be released at any time but the season typically covers the end of June until September.

Added to the staggered nature of the season, your postcode will also determine when you're likely to be affected. Generally there's a later start and shorter season in the north of the country, where there tends to be less pollen. Urban areas also have lower counts than the countryside, but arguably there are other airborne irritants to contend with.

What's the take-home? Pollen pretty much has its bases covered from March through to September, BUT, if you are prone to hayfever, there are a number of measures you can take to stay one step ahead.

Firstly, do your homework! Stay up-to-date with the latest pollen information in your local area by checking the 5-day pollen forecast (avogel.co.uk). You can tailor your results to where you live, and also pollen count according to type (tree, grass) if you know what pollen type you're allergic to.

You'll also want to keep your body as free from toxins as possible by avoiding junk and eating wholefoods. Keep your caffeine and alcohol intake

low and avoid nicotine. If you live in a polluted area or work with chemicals or in traffic-ridden areas, regular detoxes to keep your system clear will help. Simple steps such as drinking plenty of water and keeping your bowel moving daily will reduce the toxic load on your system.

Avoid dairy foods as they cause mucus formation that can exacerbate hayfever symptoms, and keep your intake of refined sugar low. If you suffer with any type of allergy, hayfever included, you're more likely to have wobbly blood sugar and be sensitive to refined sugar. Sugar can trigger surges and drops in blood sugar levels that cause adrenalin production to kick in, which involves the production of histamine – just what you don't want.

Make sure you're sleeping well. Whilst scientists are still trying to figure out the exact relationship between sleep and the immune system, studies show that sleep helps to shift the balance of anti-inflammatory proteins so that the immune system can recognise and respond better to bugs and allergens, which may help to reduce the severity of your symptoms.

Plant remedies can also help. Echinacea purpurea taken twice daily can help to improve your body's ability to identify harmful substances correctly. Ideally you would think about taking Echinacea about two months before your known hayfever time, but it may still prove helpful even after symptoms have set in.

Approximately two weeks before your usual symptoms kick in, take Luffa operculata twice daily. Pollinosan Hayfever Tablets contain seven tropical herbs, including Luffa operculata and Galphimia glauca, to help with allergy to grass and tree pollen. They are non-drowsy and so will not affect your ability to drive or use machinery. If your eyes are particularly sensitive to hayfever try Pollinosan Hayfever Eye Drops. With hyaluronic acid and chamomile, they provide a soothing solution for red, itchy eyes as a result of hayfever-causing allergens, and can be used with contact lenses and glasses. A nasal spray is also available for immediate relief from symptoms due to hayfever and allergy, such as runny nose, itchy nose, and nasal congestion.

Finally, check prevailing winds and pollen counts and remember that wind dried clothes can become pollen catchers. Hanging clothes inside will help to keep them pollen free!



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Homemade scones with clotted cream and strawberries

Instructions:

A favourite for picnic baskets or afternoon tea in the garden, Chef Adam McLaren of McLaren Fine Foods in Weybridge has set out one of his favourite summer recipes. This tasty treat is easy to make and goes well with your favourite tea or a glass of Pimms.

Heat the oven to 180 degrees C and begin with sieving your flours and baking powder together. You can make this size mix by hand as it's a manageable size.

In a large bowl begin rubbing the butter and cream into the flour mix until you get the consistency of fine breadcrumbs. Add the sugar and give it a good mix, then add the sultanas.

Push all the mix to one side of the bowl so the bottom of the bowl is visible, add half the buttermilk into the bowl and begin mixing to a soft dough. You want to combine all the dry ingredients together so there is no crumb left in the bowl. You can add more buttermilk if needed and you want to reach the consistency of a soft tacky dough, as in your hands should stick to the dough like a wall of wet paint. You don't want to over mix the dough as if you add too much air, it will rise unevenly and if you over mix the dough you will have hard dry scones.

Tip the dough out onto a floured surface and roll out to half inch thick and using a 2" cutter.

Leave the scones on the baking tray to rest for 10 minutes before going into the oven as this will give the baking powder enough time to begin its chemical reaction with the moisture of the dough. Give it a milk wash and bake for 15 minutes.

Leave to cool for a few minutes and break apart. A scone has a natural break point and spread with JAM THEN CLOTTED CREAM not the other way round!!

Chef Tip Number 1: Dip the cutter in flour before each cut as this will aid in stopping the cutter from sticking to the dough and push straight down and do not twist the cutter otherwise the dough will screw and not rise evenly.

Chef tip number 2: When cutting them out use your fingertips to press down on the edges of the cutter and don't press down using your whole hand. This will force air down the cutter and underneath the dough which will give you an uneven rise.

Ingredients:

- 275g Plain Flour
- 90g Self Raising Flour
- 20g Baking Powder
- 60g Unsalted Butter
- 75g double Cream
- 75g Caster Sugar
- 40g Sultanas
- 500ml Butter Milk

Serves 8
Prep: 10mins
Cook: 15mins
Total time: 25mins

NUTRITION PER SCORE

Calories: 110
Carbs: 16.1g
Fat: 4g
Protein: 2.3g





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‘What Lies Beneath’Clive Morris tells the story of Weybridge’s lost and largely forgotten Royal Palace

Part 4 :The Final Years at Oatlands Palace

In 1641 tensions between King Charles I and Parliament were rising to boiling point.

The relative peace and security that Queen Henrietta Maria had enjoyed at Oatlands Palace, which had encouraged her to give birth there to her son Henry in 1640, was to come to an end. Fighting broke out in 1642 – the Civil War had begun. Separated from her younger children, the Queen was forced to flee into exile in France with her eldest son, Charles.

Oatlands Palace seems to feature only sporadically as the conflict raged for years across the country. For the most part, Surrey was on the side of Parliament but those living around the Palace remained loyal to the Crown. It is recorded that on two occasions Prince Rupert quartered his cavalry there and the King stayed for four nights on his way to establish his Head Quarters in Oxford.

By the summer of 1646 the King was defeated. His last stay at Oatlands in August of that year was as a prisoner of the Parliamentary army. His devious and desperate attempts to revive his fortunes led ultimately to his execution on 30th January 1649. Parliament had won the war but there was an urgent need for cash to pay off their militant soldiery and finance the government of the new Republic.

No time was wasted. Just a few months later, in July 1649, Acts were passed by Parliament which authorized the sale of all the King’s personal Goods, all the Crown land and properties. In the end it was decided to exempt seven buildings in and around London which were required by the new regime. This included Hampton Court, but Oatlands Palace was one of the first to be put on the open market. The contents were catalogued, priced and put out to view. Everything was sold, the finest paintings, furniture, embroideries, curtains and carpets, even a billiard table. The whole Palace estate including the magnificent gardens was bought by Robert Turbridge for £4,023. The Park was sold for £500. The buyers, Turbridge and a consortium of individuals who appear to have been army officers, referred to as ‘creditors’, then proceeded to asset strip the

estate to raise funds for the government. Many hundreds of trees were cut down and sold to the Navy for shipbuilding.

Oatland’s beautiful royal apartments, the round viewing tower, the ancillary quarters, all were torn down and the rubble sold to Sir Richard Weston of Sutton Park. He had had the idea to create a water highway between Guildford and London to allow merchants to transport their goods to and fro with more ease and speed and here was the raw material to assist with his project. Much of the brick and stone used by Henry’s VIII’s builders to enlarge Oatlands in 1538 came from Chertsey Abbey demolished when the monasteries were dissolved. When the end came for the Palace a century and a quarter later, the same valuable resources were reused again to build locks and bridges for the forerunner of our nationwide canal system.



Oliver Cromwell
Oliver Cromwell became Lord Protector in 1651

Although head of a republican regime known as the Commonwealth, he appeared to rule like a monarch in all but name.

Whitehall Palace was his principal residence and he enjoyed relaxing with his family in the secluded comfort of the former Queen’s apartments at Hampton Court. After his death in 1658 the

Republic could not be sustained. In 1660 Charles II returned from exile to be restored as King and was resorted to the throne 23rd April 1661. His mother Queen Henrietta Maria, aged 50, also returned to England. Her lands were restored but her much loved Palace of Oatlands was a ruin, the park barren and neglected. She lived for a while at Greenwich and Somerset House but returned to France where she died in 1669.

What became of Henry of Oatlands, Duke of Gloucester?



Henry Stuart, Duke of Gloucester

During the Civil War, the younger royal children, James, Elizabeth and Henry became prisoners of Parliament. James escaped and Elizabeth died of pneumonia in 1650. Henry was finally allowed to join James and his elder sister Mary in Holland in 1652

Henrietta Maria had not seen him since 1641 and insisted he return to her in Paris. He had no memory of his mother and resisted her attempts to convert him to Catholicism. Joining James once again, he gained a reputation as one of Europe's foremost Protestant soldiers. In May 1660 he was in the procession to see his brother restored to the throne as King Charles II but only months later he contracted smallpox. Tragically he died on 13th September aged just 20.

Where Oatlands Palace stood is 150 metres from today's High Street and there are many roads still named after the ghosts that dwelt there. Back in the heyday of the Palace, the royal household would have needed to be supplied by local businesses which would have included blacksmiths, masons, tilers, bakers, vegetable, meat and other food and clothing suppliers, kiln workers and building supply providers, maintenance men and skilled labourers. This would naturally have given a significant boost to the local community making Weybridge important. History is full of tragedy, collapsed and lost empires and forgotten people and places. I hope that these pages have given the reader an insight into Tudor and Stuart life at Oatlands Palace.

Sudoku

8					1	7	
3	5						
4		7			9	3	
5		8		6	4		
	3		9		7		6
			5	8		4	1
		2	4			9	5
						4	2
	4	5					7



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Home Gardening

Tips for Growing Roses

By Liz Copping

I love roses and what's not to love about them except perhaps the thorns and even then you can now buy thornless roses. They are surprisingly low maintenance and there is a rose for just about every space and style. Here are a few tips I have learned over the years of growing these versatile plants

Watering & Care

Water roses early in the day at ground level to help prevent diseases and try and avoid wetting the leaves to prevent the spread of disease - an indicator of too much watering is yellowing leaves that are soft whilst yellowing leaves that are dry and crispy can indicate insufficient watering. Here are some more things you can do to care for your roses.

- Don't overfeed - a common misconception is that more fertilizer means more flowers.
- 'Balling' - when a rosebud forms and begins to open but if the new swollen bud gets rained on and then dries too quickly the petals fuse and do not unfurl like they normally would, resulting in rosebuds dying before opening or failing to open at all. You can try and tease the outer petals open or cut off the damaged buds and wait for new ones to develop.
- Deadhead regularly by cutting back to the next flower or leaf with secateurs to encourage repeat flowering.
- Roses can be prone to 'blackspot' a fungal disease that is made worse by too much rain and unfortunately little can be done except to make sure roses are not too crowded to allow air to circulate.
- 'Rust' is another disease that loves warm wet weather. It starts with orange pimples on the underneath of the leaves and spreads to the entire plant (remove any leaves and burn).
- 'Powdery mildew' is a fungus encouraged by humid still conditions. The first sign is a white powder seen on the new growth of the plants and bud stems. Fortunately, there are several products that can help control the fungi.



- Choose the right spot for your rose

Most roses are easy to grow and can thrive in a variety of environments but they do have some preferences so when selecting where to plant your roses consider the following:

- Roses thrive on sunlight and require a minimum of four hours of direct sunlight, however, against a north wall with no direct sunlight roses can still perform well.
- Avoid very exposed sites as winds can cause the base of the rose to loosen in the soil and cause the rose to rock and grow at an angle.
- Roses prefer well-draining soil rich in organic matter.
- Roses need space for air circulation to reduce the risk of disease.
- Many roses thrive in pots but make sure you choose a large enough pot with adequate drainage holes and use a high-quality potting mix.
- Never plant a new rose where an old rose has just been dug up. This can lead to 'replant disease' to which roses are particularly susceptible.
- Good companions to plant with roses include lavender, nepeta (catmint), alchemilla (lady's mantle), wild geraniums, and salvia.



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Stylist's Notebook - Get the Eclectic Look

Jess Contos, Interior Stylist *Inspired by her tour of the fabulous Eyot House, Jess Contos shows you how to get the eclectic look so beautifully executed by Sheila Hill on D'Oyly Carte Island*



Invest in the opulence of the Victorian era with this fabulously dramatic sofa. The Aresso sofa £2409, Delux Deco Ltd (www.deluxdeco.co.uk)



Adorn your sofas and chairs with richly patterned cushions to create interest and contrast. These Zellandine cushions have an art nouveau feel to them – perfect for recreating the Arts and Crafts era, £95 each, The Curious Department (thecuriousdepartment.com)



Combining traditional venetian style mirrors with a contemporary twist, the Addicta mirror will create a theatrical focal point in your home.

For more information contact Koket (bykoket.com)



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Rockett S George (rockettstgeorge.co.uk)



Not all of us are lucky enough to discover a natural and beautiful wallcovering made from stripping back wallpaper – but if you'd like a contemporary looking version then this might be just what you're looking for. Gold Dust Marble Wave' Wallpaper £37 per m2 by Lara Skinner at Wallsauce.com



Dress your floor space with a graphic rug. The Heron is not only a symbol of the riverside but also typical of the art nouveau movement that blends harmoniously with the Eyot House style. Heron Rug, (covethouse.eu)



Heron Rug was inspired in the elegance and grace of the species with the same name. Its design features different heights of hand-tufted botanical silk, giving the rug a three-dimensional feel that makes it stand out in every room. (rugsociety.eu/collections/neutral/heron)



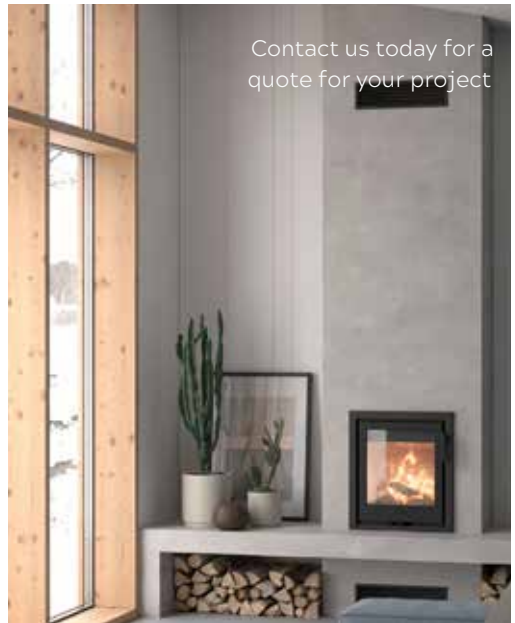
These lovely, porcelain tiles recreate the beauty of parquet flooring but require less maintenance whilst having all the benefits of a real wooden floor... Mansion Parquet tiles £60 per square metre (porcelainsuperstore.co.uk)



Add a touch of unique charm to your living space with the divine wall lamp. The lamp is finished in a lovely vintage brass tone and resembles plant shrubbery; invite a botanical element without the need for any green fingers! These lamps would look gorgeous on both sides of a bed, ideal lighting for winding down in the evenings. 1 x E14 40W bulb required. (sweetpeaandwillow.com) Price: £399



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The Boneshaker Band



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Local election results 2024

Following the local elections on the 2 May 2024, the new political make up of Runnymede Borough Council is:

- Conservative: 13 councillors
- Green Party: 3 councillors
- Independents: 5 councillors
- Labour and Co-operative: 8 councillors
- Liberal Democrats: 6 councillors
- Runnymede Independent Residents' Group: 6 councillors

Check the Council's website, or sign up to e-news to find out more.

www.runnymede.gov.uk/enews

Result of the Surrey Police & Crime Commissioner elections

Lisa Townsend has been re-elected as the Police and Crime Commissioner for Surrey for the next four years.

Number of votes by candidate:

- Kate Chinn, Labour Party: 42,813
- Alex Foy Coley, Independent: 42,052
- Paul Kennedy, Liberal Democrat: 82,213
- Lisa Townsend, Conservative Candidate: 95,538 (Elected)

Household Support Fund relaunch

We're once again offering practical help for people affected by rising prices through the Household Support Fund. We can provide shopping vouchers, and help with bills for people who may not be eligible for other forms of support. Funding for the vouchers comes via a Government grant to the Council and will not involve using Council Tax money. They can be used at supermarkets across the Borough.

If you're eligible based on details we already hold about you, our staff will be in touch. If not, please check our website: www.runnymede.gov.uk/HSF. Even if you have not needed support in the past, you may be eligible now, the rise in inflation and prices has affected everyone.

Great Big Green Week

The Great Big Green Week is returning to Runnymede, from 8-16 June! From litter picks and plant giveaways, to the 'Our Beautiful Borough' photography competition, there are loads of events being planned that everyone can get

involved with. Great Big Green Week is the UK's biggest celebration of community action to tackle climate change and protect the environment.

As a Council, we are committed to supporting our communities towards improved sustainability and a healthier environment. Visit the Council's Great Big Green Week pages to find out more and keep an eye on the Great Big Green Week website to see events happening near you.

www.runnymede.gov.uk/GBGW

Debate Not Hate

At Full Council on 25 April 2024, Councillors voted to pass a motion committing to challenge the normalisation of abuse against councillors and uphold exemplary standards of public and political debate at their meetings.

At the meeting, Councillors agreed to work together on a cross-party basis to set an example of healthy debate and denounced abusive or threatening behaviour from anyone within the community on social media and in-person.



Residents at the Eileen Tozer Day Centre in Addlestone

Come and experience our social centres!

A lively, friendly atmosphere, and a variety of activities from exercise classes to quizzes await you when you visit one of our three social centres across Runnymede. Aimed at the over 55 and free to attend, the centres in Addlestone, Egham and New Haw are fully accessible. Trained staff are on hand to make you feel welcome and provide support. For more information about Social Centres please visit: www.runnymede.gov.uk/centres

Hello everyone! I am Councillor Elaine Gill and I am so delighted and thrilled that on 15th May 2024, I became Mayor of Runnymede. This has proved quite historic within Runnymede Borough Council as no Councillor has taken on the prestigious role for a second time before. I am very grateful to all my fellow Councillors who have showed me overwhelming total cross party support. I promise I will work hard to prove I am worthy of becoming first citizen of the Borough again.

It feels quite surreal to return as I was Mayor previously during the pandemic, such a difficult time for so many of us and I feel nearly every family across Runnymede was affected. I know losing my Mother in Law in June 2020 and not being able to say goodbye was extremely hard for all the family. It seems like a bad dream now nearly four years on. On a positive note though I am looking forward to attending many events and meeting many people that was not possible during Covid restrictions.

I have been an Independent Councillor for Thorpe Ward for twenty years and especially enjoy helping local residents and also getting involved with Community projects.

The Mayoral diary is already filling up with wonderful engagements that I am looking forward to. My first engagement was a visit to Eden Retirement Living within Thorpe Ward. Such a coincidence as this was also my first Mayoral event back in October 2020. It will be good to see the progress made on the site.

Also during June is Great Big Green Week from 9th June and am looking forward to visiting many parts of the Borough who are involved with this initiative.

My two charities for the year will be Dementia Carers Support Runnymede and Egham Band Youth Brass Project. They both hold a special place in my heart. The support group goes above and beyond helping the carers who very often struggle to cope with their loved ones who are suffering. The young people involved in Egham Band Youth Brass Project are truly inspiring. The sense of camaraderie and achievement is truly wonderful to witness, ably lead by a wonderful group of volunteers. Both charities will feature in future editions.



I also hope to fund raise for environmental projects in each Ward with applications being made for a small grant up to £250.00 to enhance areas and give civic pride to the place in which we all live. More details to follow.

Finally if there are events you feel I could attend, please contact the.mayor@runnymede.gov.uk I am so excited to get out there and meet as many residents as possible.

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Join us on your path to a healthier, happier, and more vibrant you

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@victorynutritionuk
5a High Street, Addlestone

Free Wellness Evaluation ◀
Nutrition and Wellness Breakfast Club ◀
Supportive Community ◀
Expert Guidance ◀

What's on at Chertsey Museum: June - August 2024

29 May 11am-12.30pm or 2-3.30pm

Half Term Activity - Create a Castle

Use card to create a castle, complete with a lolly stick drawbridge. Ages 6-12 (5-6 year olds must be accompanied by an adult) Cost: £4.50

BOOKING ESSENTIAL

30 May 10am-12.30pm

1970s Family Fun Morning

Come along to Chertsey Museum for our free, drop-in 1970s family fun morning! Play with '70s-style toys and games, do a craft and dress up in some groovy outfits. Activities are aimed at 6-12 year olds. Children must be supervised at all times.

Time: drop in between 10am – 12:30pm

FREE – NO BOOKING REQUIRED

7 June, 5 July 2pm - 3.30pm

Fun with Fabrics

Creative craft for adults. These tutor-led sessions offer a relaxed environment for adults to have fun with fabric and learn how to quilt or weave, embroider or stencil - all materials provided.

BOOKING ESSENTIAL

7/21 June 9.30am - 11am

Museum Monkeys

Join Charlie the Chimp for singing, stories and crafts. Under 5s (must be booked in advance)

Cost: £5.00 per child, additional sibling £2.50 (18 months-5 year olds). 50p discount for Friends of Chertsey Museum Siblings under 18 months are free. **BOOKING ESSENTIAL**

1 June, 6 July, 3 August 1:30pm to 3:30pm

Museum Makes

Join us for our new monthly family drop-in craft activity. It's free and you don't need to book just come along and join in! **FREE – NO BOOKING REQUIRED**

21 June, 19 July, 16 August 2pm to 2:45pm

Tea & Talk @ Two

Join the Museum Curator for a short talk over a cuppa about something interesting from the Borough's past. **FREE NO BOOKING REQUIRED**

15 June 11-12.30pm or 2-3.30pm

Young Archaeologists' Club

For ages 8-16, 3rd Saturday of each month (except

July & August). Learn about history, get hands on with archaeology, make and create crafts from the past and have some fun!

BOOKING ESSENTIAL

27 June, 25 July, 22 August 3:15-4:25pm

Historical Art & Support Group

Come along for a free cuppa, chat and a chance to draw/paint local historical artefacts hosted by Chertsey Museum educators. Led by the Social Prescribing Team. **FREE – NO BOOKING REQUIRE**

22nd June 10am-1pm

'Keep Calm and Wear it Well' Study Day

To complement our current 1940's fashion exhibition, we are holding a 40's-themed study morning with presentations by two prestigious guest speakers. Susanne Baldwin, researcher and lecturer in fashion and garment technology, London College of Fashion, will discuss the Utility Scheme. Dr Liz Tregenza, an author, fashion and business historian and lecturer in cultural and historical studies at London College of Fashion, will explore 1946, an important year in British post-war fashion. **BOOKING ESSENTIAL**

On until 31st August 2024

'Keep Calm and Wear it Well'

This exhibition explores fashionable dress in Britain during the 1940s.

The 1940s was a tumultuous decade, characterised, initially, by the Second World War (1939 – 1945). Even when war ended in 1945, the conflict would cast a long shadow, with lasting restrictions and shortages biting well into the second half of the 1940s. It was only with the resurgence of Paris as a fashion capital, and Christian Dior's New Look in 1947, that the traditional fashion system would re-assert itself. The decade ended with a long pent-up burst of extravagance; a very different place from where it began. **FREE – NO BOOKING REQUIRED**

For further information on any of these activities, please visit **Chertsey Museum's** website

www.chertseymuseum.org or

Telephone **01932 565764**. Booking at

<https://chertsey-museum.arttickets.org.uk/>

Virginia Water Football Club

Growing our Girls teams

By Lars Edwards

On Saturday 4th May - we were excited to have 2 special visits to VWFC - Alice Kempski from FA HQ visited us to observe our wonderful wildcats sessions in full flow !

We also had a visit from ex premiership player Shane Long ,who spent a session with our wonderful U10 girls team , helping them with set-pieces !

Our girls section goes from strength to strength - why not see for yourself and join Surreys most friendly Football club !

For further information on how to join please email vwfcyouth@gmail.com



VIRGINIA WATER FC

NEW PLAYERS

Welcome

DO YOU HAVE A CHILD IN

YR R, YR1 or YR2

WE ARE LOOKING TO RECRUIT NEW PLAYERS FOR OUR FAST GROWING YOUTH SQUAD

Players of all ages and abilities are also welcome to join us

THE TIMBERS, CROWN ROAD, VIRGINIA WATER, GU25 4HT

Are you interested....

PLEASE CONTACT US FOR FURTHER INFORMATION:

vwfcyouth@gmail.com

VIRGINIA WATER FC

NEW PLAYERS

Welcome

DO YOU HAVE A CHILD IN

YR4 to YR9

WE ARE LOOKING TO RECRUIT NEW PLAYERS FOR OUR FAST GROWING GIRLS YOUTH SQUAD

Players of all ages and abilities are also welcome to join us

THE TIMBERS, CROWN ROAD, VIRGINIA WATER, GU25 4HT

Are you interested....

PLEASE CONTACT US FOR FURTHER INFORMATION:

vwfcyouth@gmail.com

RUNNYMEDE BEAT

VEHICLE THEFT

Written by Sergeant A/PS Morrison on behalf of Inspector Nash



INSPECTOR IAN NASH

As Inspector Nash is on his holidays I have been asked to jump into the seat for June to provide our neighbourhood policing update. My name is A/PS Morrison and whilst I am relatively new to the Sergeant world, I have been part of the Runnymede Safer Neighbourhoods Team for over 8 years. My background is one of Youth Policing and I have worked across most of the schools in Runnymede in some capacity; working with young people and their families to try and deter them from crime.

As June arrives and we are in the swing of some (hopefully) warmer and dryer weather this can also mean that police officers across Runnymede are dealing with lots of different types of crime. This month I thought it I would focus on the national trend of motor vehicle thefts, as well as provide advice in how to keep your motor vehicles safe from being a target. In Surrey we are fortunate that we are surrounded by lots of road networks to get us to where we need to be in a relatively short period of time.

It is relatively easy for us to get to the other home counties to visit family, friends or perhaps for a bit of shopping. It also means that Surrey can be seen as a target for motor vehicle theft as these criminals unfortunately exploit the road network, steal our vehicles and drive them away sometimes never to be seen again. Whilst the statistics show that in Surrey it is still a relatively low probability that this will happen, it is also imperative that we all follow some basic advice to make it harder for our vehicles to be stolen.

Things to consider include:

- Ensuring your keys are not placed near to your front or back doors when not in use.
- Equipment to prevent vehicles being taken. This could include a steering wheel lock, faraday bag or a wheel clamp.

- Always locking all of your windows and doors when exiting your vehicle
- Installation of CCTV/ Ring Door Bell
- Parking in well lit areas

If you see something suspicious please utilise the Suspicious Activity Portal available online so that it can be picked up by a member of the team. These criminals can be very organised and may even resort to violence. If you see someone's vehicle being taken please do call 999 and do not put yourself in danger. Things that are helpful include the make, model and registration plate of any vehicle they are in, their physical descriptions and the direction they left.

For more information please see the following:

www.surrey.police.uk/cp/crime-prevention/keeping-vehicles-safe/preventing-car-vehicle-theft/

www.surrey.police.uk/police-forces/surrey-police/areas/campaigns/suspicious-activity-portal/

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Trust Owen White & Catlin for all your legal needs. Because we care, we understand. And because we understand, we deliver.

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01372 469100 or 01932 845020



Addlestone Ashford Chiswick Esher
Feltham Hammersmith Shepperton

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cllr.jonathan.hulley@runnymede.gov.uk

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Robert King (Egham) **07506 274314**
Marisa Heath (Englefield G) **07912 117262**
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SUNDAY 9TH JUNE

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BIG GREEN
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Egham & District Music Club Sunday 16th June 3:00 pm



Alessandro Cortello Tenor
Ralph Woodward Piano
featuring

Popular tenor arias by Verdi, Rossini
and Puccini

United Church, High Street, Egham TW20 9EX
Admission £12; Students and under 21s £7
Accompanied children under 16 free
Charity No 100 1718 www.edmc.org.uk

Eventbrite





UPCOMING COMMUNITY Events

If you are planning any community events that you would like to put in the calendar, Please do not hesitate to contact me by email: mary.hammond@community-life.co.uk

JUNE 2024

1 June *Virginia Water Art Society Summer Exhibition*

10am-4pm The Green at Station Approach, Virginia Water. www.virginiawater.org.uk/artsociety

4,11,18,25 June *The Bereavement Journey*

St John's Church, Egham. Tuesday Evenings 7.30pm-9.30pm. The meetings will be held in the Easter Centre, Manor Farm Lane, Egham, TW20 9HL. for more details or a registration form on 01784 605400 or email office@stjohnsegham.com.

4 June *Addlestone Historical Society*

AGM & Member's Evening. Please contact Ian Mawson ian.mawson2@gmail.com

5 June *Virginia Water Arts Society*

Demonstration. TUSHAR SABALE Cityscape in Oils www.virginiawater.org.uk/artsociety

6 June *Runnymede Folk Club*

7.30pm Red Lion, Egham High St. TW20 9EW. We have the wonderful David 'B', Gerry Revie and Louise Rogan take the stage. £12.50. Check the listing of events at tickettailor.com/events/runnymedefolkclub

6 June *Runnymede u3a*

2.00pm-4.00pm. Monthly meeting first Thursday at Addlestone Community Centre, Garfield Road, KT15 2NJ. This month's talk is about the RSPB given by Alan Sharps. Visitors most welcome £4.00 entry inc refreshments. Members £2.00. For more info [07709 212575](tel:07709212575) or visit www.runnymede.u3asite.uk

7 June *RSPB North Surrey Local Group*

8.30pm-11pm. Meet: In Fishpool car park, Gracious Pond Road. Price: Free to members of the NW Surrey RSPB Group. Non-members are welcome on our walks, donation of £3 **Leader: Frank Clark (07922 411556)**

JUNE 2024

7 June *Woodham and New Haw Horticultural Club*

Evening talk at 7.45 in All Saints New Haw, Church Hall when Nick Cook will be looking at the impact of climate change in a talk titled 'Baked Alaska or Mexican Chilly'. Visitors welcome, entry £5 at the door. www.wnh-hortclub.co.uk

7 June *RSPB North Surrey Local Group*

10am-2pm MID-WEEK WALK AT KNEPP Knepp is the site of a rewilding project in increasing the numbers of warblers, nightingales and turtle doves. **Leader: Steve Williams (07506 645776)**

15 June *Magna Carta Day Fair*

10am-4pm Egham High St. Celebrating the signing of the Magna Carta. A parade, stalls, food and fun family day out.

15 June *Lyne Village Fete*

1pm to 4.30pm on The Village Green Lyne KT16 0AN A fun filled family afternoon out with lots to do, see and eat! Maypole and Morris Men dancing, Bird of prey displays, donkey rides, classic cars, Punch and Judy show, Fairground rides ,

15-16 June *Runnymede and Ankerwycke National Trust*

Magna Carta Weekend. Join us to celebrate the anniversary of Magna Carta with a two-day family event at the site where this historic charter was sealed over 800 years ago. Within our Medieval Encampment, you'll find family games, crafts, and activities exploring the very special history and significance of this floodplain meadow. Have a go at digging up some archaeology finds, take a guided tour with our Habitat Monitors, then rest and refuel at the Magna Carta Tearoom. Free.

16 June *Egham & District Music Club*

3pm, United Church, High Street, Egham. Alessandro Cortello, Tenor and Ralph Woodward Piano popular tenor arias by Verdi, Rossini and Puccini. £12 concessions. www.edmc.org.uk



UPCOMING COMMUNITY Events



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JUNE 2024

19 June

Arts Society Runnymede

10am Hythe Centre, Thorpe Road TW183HD. A Heritage of Storms; Lord Byron, his Romantic Inheritance and his Artistic Legacy. This talk starts with a look at the background and upbringing of 'Mrs Byron's crooked devil', as his schoolfellows in Aberdeen described him, his unexpected succession to the Byron title and his development as peer, philanderer and poet. For more information, email: info@theartssocietyrunnymede.org.uk

14-23 June

Weybridge Fair & Festival

The Weybridge Fair & Festival, starts on 14 June and will see a myriad of events and activities in Weybridge over the following week including the very popular Community Fair and Farmer's Market on Saturday June 22nd. For more information please see the Weybridge Society website at www.weybridgesociety.org.uk

21-22 June

Waltfest - Walton Live Music Festival

7-11pm Two night event taking place at the picturesque setting of Walton-on-Thames Cricket Club, in Ashley Park. This year we celebrate our 10th anniversary thanks to local residents volunteering their time, and fantastic support £17.50. Learn more and to book. www.waltfestcc@gmail.com

21 June

Laughing Chili

8.30pm, Wraysbury Village Hall. Enjoy an evening of laughter for a compare and 3 comedians keeping you entertained. These events sell out so early booking is recommended £15 www.laughingchili.co.uk

22 June

Englefield Green Fair & Classic Car Show

12-5pm Englefield Green Village Fair again this year! It's an afternoon event for all the family with something for everyone. And what a great way to celebrate summer! A classic car show, food, stalls, dog show, attractions and much more. www.egvfair.org

JUNE 2024

26 June

The WI of Trumps Green

7.15 for 7.30pm. Our Speaker for June is best-selling author Kate Thompson. Kate will be interviewed by one of our members. Her focus will be the "Little Wartime Library" on Wednesdays at The VW Community Centre. First visit free and after £5. For more details, please contact Rowan and Christine at presidenttrumpsgreen@surreyedwi.org.uk

26 June

NHS Retirement Fellowship

10am St Peter's Church Hall, Windsor Street, Chertsey Surrey KT16 8AT. Open to all who have worked in health or social care. £2 on entry. Each month an interesting talk and Refreshments. For more information about the nhsrf.org.uk

27 June

Egham by Runnymede Historical Society

Our talks are held at United Church, Egham, TW20 9EX, 7.30-9.15pm. Eton College Archives. www.ebrhistsoc.wordpress.com/

28 June

Runnymede Jazz

7.30pm, Addlestone Community Centre, Garfield Road. Jazzland The band is led by Jeremy Huggett on saxes, flute and vocals. For more information, please check out our website at www.runnymedejazzclub.com and to book tickets in advance contact the box office at [01784 441694](tel:01784441694) or email runnymedejazzclub@hotmail.com.

29 June

Ottershaw Village Fete

1-5pm Organised by the Ottershaw Community Partnership CIC with all profits going to local groups and organisations. Plenty of activities for all the family. Children's games, stalls and entertainment. In the Main Arena, bring your dog for the pooch parade and enter your kids for some good old fashioned summer games. Bring a picnic or take advantage of our multiple food stalls. Come along and have some fun www.ottershawvillagefete.com



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JULY 2024

2,9,16,22,30 July

The Bereavement Journey

St John's Church, Egham. Tuesday Evenings 7.30pm-9.30pm. The meetings will be held in the Easter Centre, Manor Farm Lane, Egham, TW20 9HL. This course is for anyone who has been bereaved at any time and in any way. Please contact the church office for more details or a registration form on 01784 605400 or email office@stjohnsegham.com.

2 July

Addlestone Historical Society

8pm, Addlestone Community Centre, Garfield Road, Local Hostelries by Jocelyn Barker. Please contact Ian Mawson ian.mawson2@gmail.com

3 July

Virginia Water Arts Society

Demonstration. FRANK WALTERS Landscape in Watercolour www.virginiawater.org.uk/artociety

4 July

Runnymede Folk Club

7.30pm Red Lion, Egham High St. TW20 9EW. We have the wonderful David 'B', Gerry Revie and Louise Rogan take the stage. £12.50. Check the listing of events at

tickettailor.com/events/runnymedefolkclub

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Runnymede u3a

2.00pm-4.00pm. Monthly meeting first Thursday at Addlestone Community Centre, Garfield Road, KT15 2NJ. This month's talk is about the RSPB given by Alan Sharps. Visitors most welcome £4.00 entry inc refreshments. Members £2.00. If you'd like to know more please contact our Membership Secretary on [07709 212575](tel:07709212575) or visit www.runnymede.u3asite.uk

6 July

New Egham Singers

6pm. Featuring pop favourites such as Waterloo and 9 o 5 and classical tunes including Abide With Me. Bring a picnic to enjoy in the interval. Doors open at 5.15pm Tickets £14 (£7 under 12) www.ticketsource.co.uk/new-egham-singers

JULY 2024

7 July

Green Elmbridge

10.30-2pm. Riverhouse Barn Arts Centre, Walton on Thames. 'Stepping Lightly' - A Green Elmbridge Sustainability Day to help us step lightly on our planet and nurture a more sustainable future for all. www.riverhousebarn.co.uk

7 July

Parallel Windsor

10am-2pm Parallel Windsor is a Festival of Inclusivity with Challenge Events for all ages, health conditions & abilities. Held in the grounds of the majestic Windsor Great Park & staged on the iconic Long Walk. Walk, push or run - there are no cut off times. 'Start Together, Finish Whenever'. Everybody who starts gets a medal, t-shirt & goody bag. £7.50. www.windsorgreatpark.co.uk/all-events/parallel-windsor/

10 July

RSPB North Surrey Local Group

10am-2pm MID-WEEK WALK AT PAPER COURT The River Wey and its environs should be good for a range of birds as well as butterflies, dragonflies and damselflies. No facilities but local pubs available. Leader: Steve Williams (07506 645776)

12 July

Laughing Chili

7.30pm open for 8.30pm, At the Lit. Enjoy and evening of laughter for a compare and 3 comedians keeping you entertained. These events sell out so early booking is recommended £15

www.laughingchili.co.uk

13 July

Black Cherry Fair

It's all go in 2024 beginning on Thursday 11th July with Edwards Fairground on Abbey Field, Chertsey, then our local Bands & Bar night on Friday the 12th, and culminating in the Town Procession and Black Cherry Fair on Saturday 13th July. Back with more than 100 stalls, bands, arena entertainment, fabulous food and a great bar with speciality craft ales.



UPCOMING COMMUNITY Events

If you are planning any community events that you would like to put in the calendar, Please do not hesitate to contact me by email: mary.hammond@community-life.co.uk

JULY 2024

13 July

Terry Alderton & Friends

7.30pm. Riverhouse Barn Arts Centre. With multiple 5 star reviews, award wins and nominations, Terry Alderton is here for an evening of funny, as he puts on a special night of comedy with friends! A two hour show where Terry will host and entertain you, along with two of his favourite comedians on the UK comedy circuit and rounding the evening off with a 30 minute non-stop gag fest rollercoaster ride through Terry's mind! www.riverhousebarn.co.uk

18-19 July

James Phelan - The Dreamer

7.30pm. Esher Theatre, The most exciting, brand new, enigmatic magic show from the magician most infamous for jamming the BBC switchboard after he correctly predicted the lottery. Internationally acclaimed star of The Greatest Magician, James Phelan, returns from his unprecedented, complete sell out, 300 date theatre tour with a brand new show. £25 www.eshertheatre.com

18 July

Singer Song Writer Evening

7.45pm. Riverhouse Barn Arts Centre, Walton. Epsom duo Dragonfly Sky bring their acclaimed singer-songwriter night to the Riverhouse Barn! Showcasing the very best songwriting and performing talent in a beautiful intimate setting. £15 www.riverhousebarn.co.uk

19 July

Mock Tudor Comedy

7.45pm. Riverhouse Barn Arts Centre, Walton. Our monthly Mock Tudor Comedy club night with Rory O'Hanlon as MC, Nathan Caton as headliner plus Kate Martin and Joshua Bethania! To book www.riverhousebarn.co.uk

24 July

The WI of Trumps Green

2.30pm. Cream Tea at the Weybridge Centre. For more details, please contact Rowan and Christine at presidenttrumpsgreen@surreyfedwi.org.uk

JULY 2024

25 July

Egham by Runnymede Historical Society

Our talks are held at United Church, Egham, TW20 9EX, 7.30-9.15pm. Shepperton Studios by Nick Pollard. www.ebrhistsoc.wordpress.com/

26 July

Runnymede Jazz

7.30pm, Addlestone Community Centre, Garfield Road. The Forest Owls Oplaying hot jazz from the 1920s and early 30s. For more information, please check out our website at

www.runnymedejazzclub.com and to book tickets in advance contact the box office at [01784 441694](tel:01784441694) or email runnymedejazzclub@hotmail.com.

27 July - 1 August

Hosting Henry VIII Week at West Horsley Place

10am-5pm. Come to West Horsley Place and we will share the story of the King's visit to the Courtenays and what life was like at West Horsley Place during this momentous stay. From tasting the King's feast, to Tudor music, falconry and jousting displays it will be a day out to remember.

www.westhorsleyplace.org

10-11 August

Chertsey Agricultural Show

10am-5.30pm. The Chertsey Show is a fantastic trip out for the whole family with arena events all day, Educational/Demonstration of countryside skill, a whole range of different farm and domestic animals, horticultural and floral tents, traditional crafts and many stalls to browse www.thechertseyshow.com

25-26 August

Egham Royal Show

10am-5.30pm. Livestock and vintage vehicle parades, along side a variety of action packed displays including scurry driving and stunt bikes. www.eghamroyalshow.org.uk



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Saturday 6th July, 6pm at
St John's Church, Manor Farm Lane, Egham



Featuring pop favourites such as Waterloo and 9 to 5, and classical tunes including Abide With Me. Bring along a picnic to enjoy in the interval. Doors open to the audience at 5.15pm to set up picnic blankets/chairs.

Tickets: £14 (£7 for under 12s)
www.ticketsource.co.uk/new-egham-singers



Spelthorne Parkies
Support Group



Egham & District Choral Society Registered Charity No. 277588

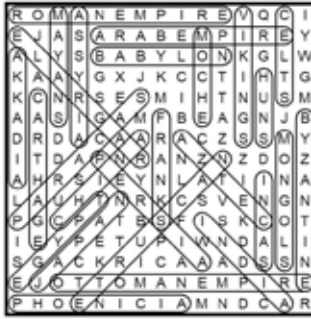
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MID SUMMER MINGLE FRIDAY JUNE 21 6-8PM
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COMMUNITY FAIR SATURDAY JUNE 22 12-6PM
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Solution June Word Search



Solution to June Quick Crossword

8	6	9	3	5	2	1	7	4
3	5	1	7	4	6	2	8	9
4	2	7	8	1	9	3	5	6
5	9	8	1	6	4	7	2	3
1	3	4	9	2	7	5	6	8
2	7	6	5	8	3	4	9	1
6	8	2	4	7	1	9	3	5
7	1	3	6	9	5	8	4	2
9	4	5	2	3	8	6	1	7

Solution to June Sudoku



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